

ACS-Optimizing Anti-Thrombotic Therapy in Chronic CAD

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75yoF NSTEMI, 12mos Post DES

- DES RCA (3MM)
- 70% OM-1
60% Distal LAD
- EF 45-50%



75yoF 12mos post DES

Risk

- DM
- OBESE
- Former Smoker(1yr)

Current Hx

- Angina for 4-5mos(exertion)
- prior TIA
- Crt. 2.1

MEDS

- 81mg ASA
- Clopidogrel 75mg
- Statin, BB, ACE



- When to stop Clopidogrel?
- Change to a different drug with Angina?
- Data to support your decision?



DAPT Calculator

1. Age	<65	0
	65-74	-1
	≥ 75	2
2. Diabetes	Y	1
	N	
3. Prior MI or PCI	Y	1
	N	
4. MI at pres	Y	1
	N	
5. Stent <3mm	Y	1
	N	
6. Vein graft	Y	2
	N	
7. EF <30, CHF	Y	2
	N	
8. Smoker? (2yrs)	Y	1
	N	
	<u>Score</u>	<u>-2 -10</u>

Who Needs Long-Term DAPT?

12-30mos

- **DAPT \geq 2** **Lower MI/Stent Thrombosis**
(2.7 vs 5.7%)
No Increase in severe bleeding
- **DAPT < 2** **No Benefit**
Higher Bleeding risk
(3% vs 1.4%)

Levine GN, Bittl JA, Brindis RG, et al. 2016 ACC/AHA Guideline Focused Update on Duration of Dual Antiplatelet Therapy in Patients With Coronary Artery Disease. JACC 2016.03.513

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