



The 44<sup>th</sup> Annual International Congress of the  
**EGYPTIAN SOCIETY OF  
CARDIOLOGY**  
CardioEgyt2017

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## Inferior STEMI With Critical Left Main Disease

By  
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Specilaist of intervention cardiology  
Mahalla Cardiac Center

- 70 ys old Male patient
- Known To Be Hypertensive , Diabetic,  
and Smoker(20c/d)
- with strong family history of coronary  
artery disease,
- was admitted with typical chest pain



## His examination showed :

**B/P** 80/50 mmHg

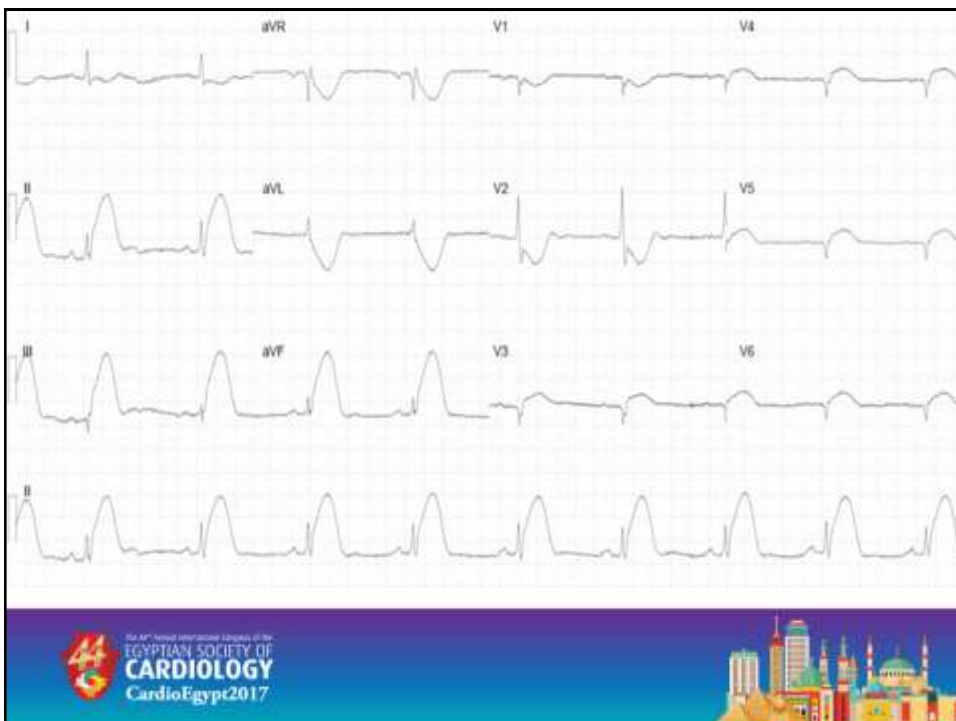
**Heart rate** of 100 b/m

**RR** 18 c/min

No signs of heart failure(Killip class I)

The **ECG** showed ST elevation in inferior leads II, III, AVF V3-V6.

ST depression in I, AVL , VI, V2.



**He was Diagnosed as:**

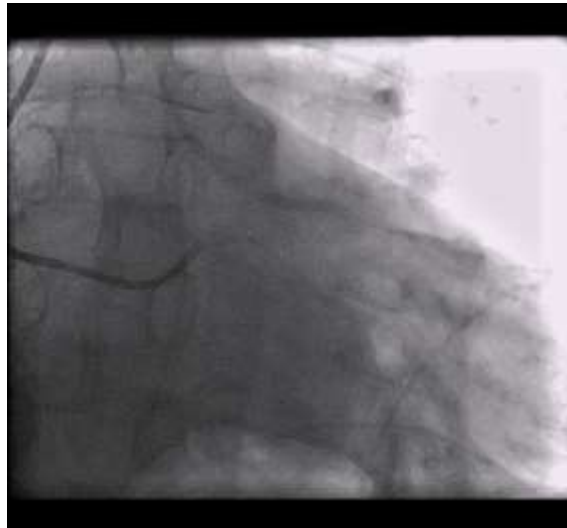
**Recent Inferoposterior And Lateral  
Myocardial infarction**



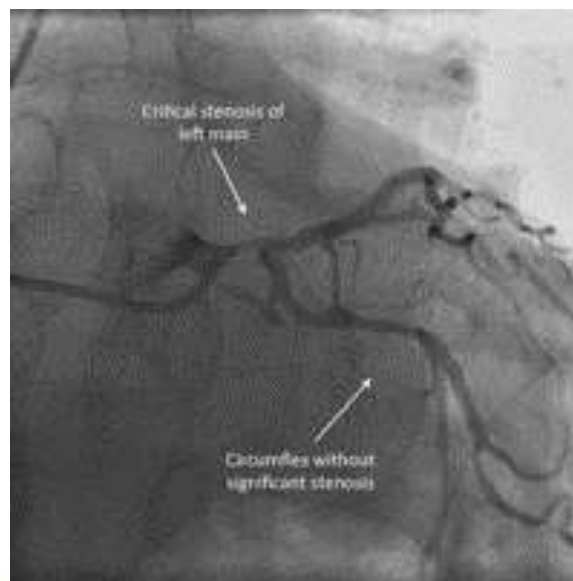
- **He was quickly brought to the cath lab.**
- **His diagnostic coronary angiography , performed through **Right Radial Artery****

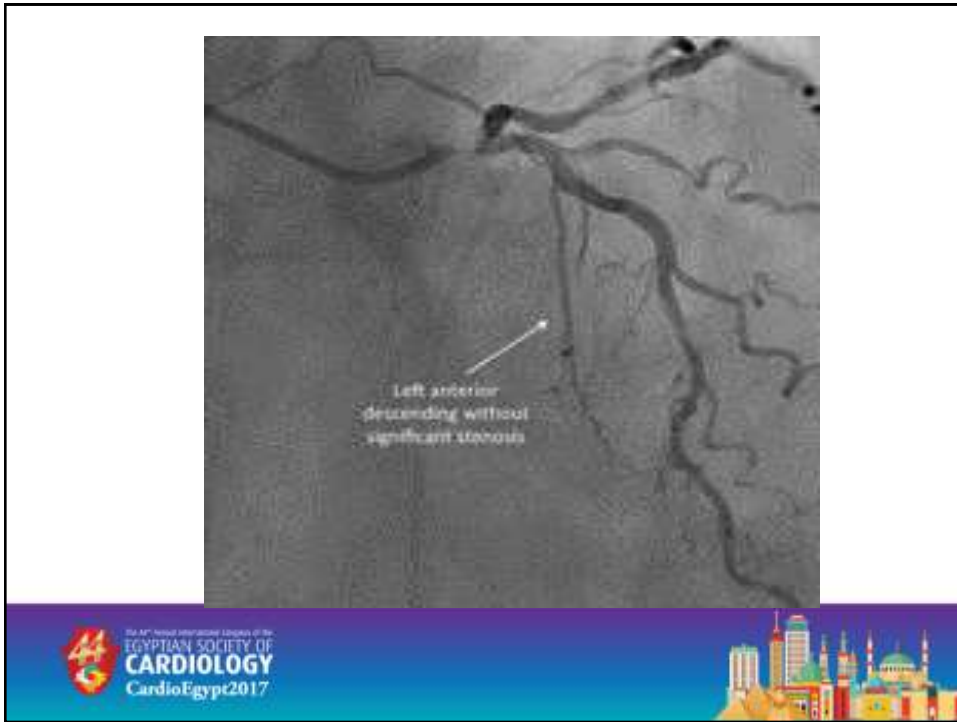


•His left angiography showed:

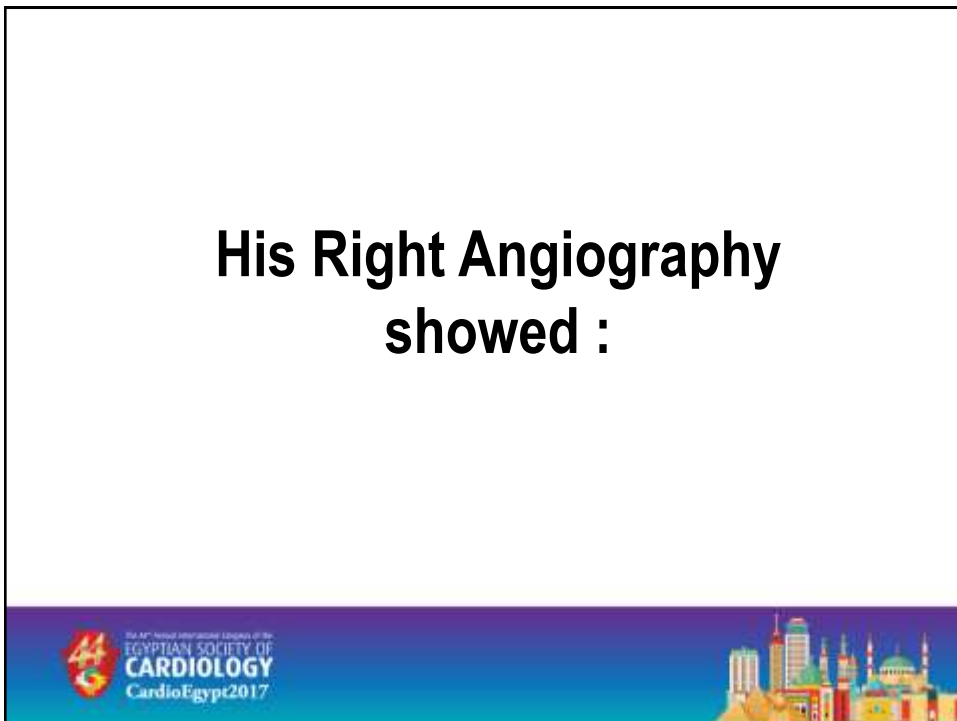


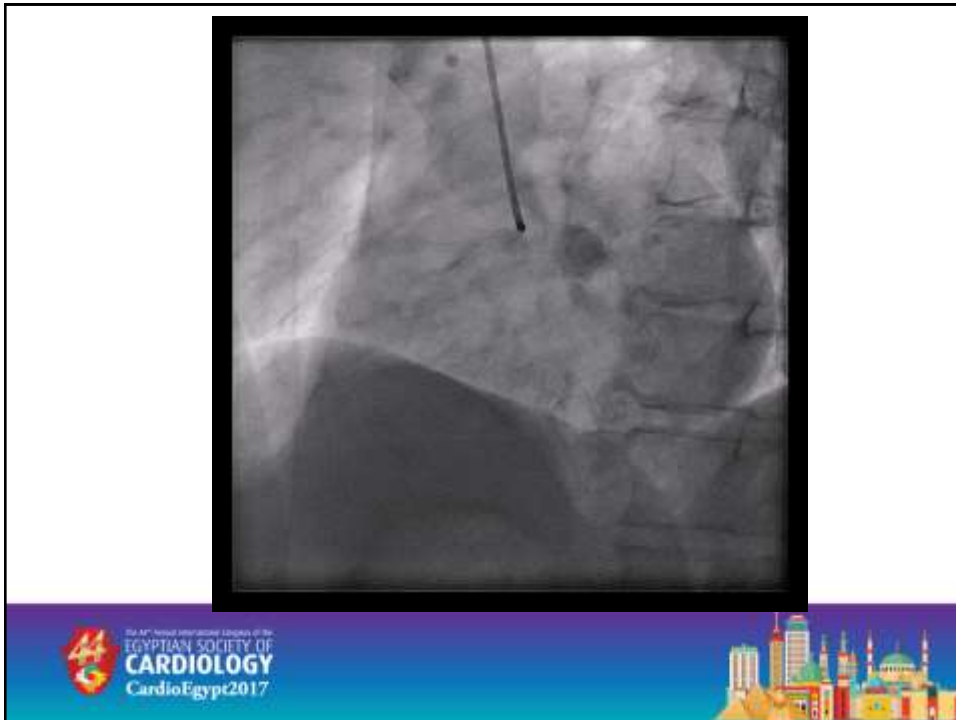
- **A critical subtotal stenosis of left main artery.**
- **Without significant lesion of circumflex (CX) and**
- **No significant lesion in left anterior descending (LAD) arteries.**



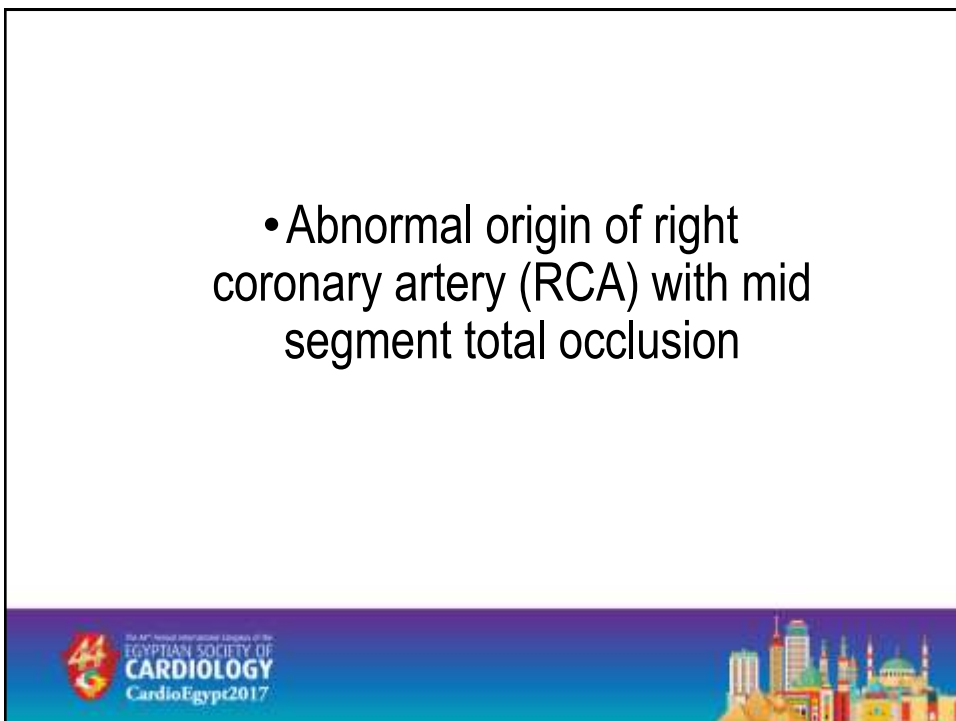


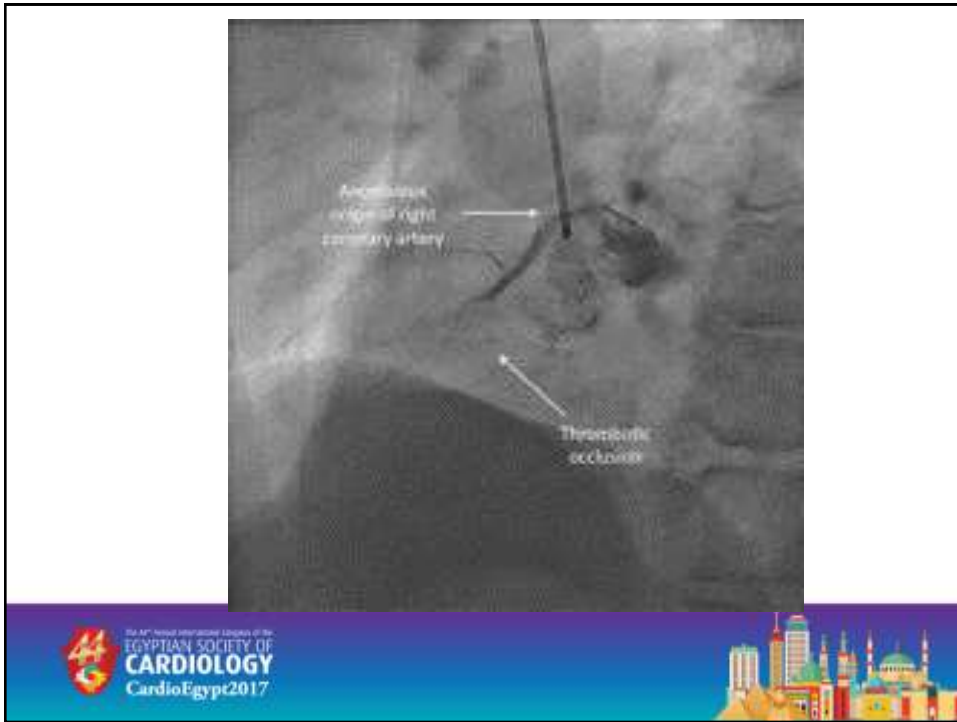
**His Right Angiography showed :**





- Abnormal origin of right coronary artery (RCA) with mid segment total occlusion





•What should be done now?





- 1 ry PCI to RCA only then LM in another session ?
- or Combined stenting to RCA and Left Main?
- CABG ?



## 2014 ESC/EACTS Guidelines on myocardial revascularization



### 8.6 Coronary artery bypass surgery

CABG may be indicated in STEMI patients with unsuitable anatomy for PCI, but who have a patent infarct-related artery, since patency of this artery provides time for transfer to the surgical team and a large myocardial area in jeopardy. It should be considered in patients in cardiogenic shock if the coronary anatomy is not amenable to PCI,<sup>221</sup> or at the time of repair for patients with mechanical complications.<sup>285</sup>



CABG is infrequently used and its benefits are uncertain in STEMI patients with failed PCI, coronary occlusion not amenable to PCI, and in the presence of refractory symptoms after PCI since, in most of these cases, time for implementation of surgical reperfusion will be long and the risks associated with surgery are increased in this setting.<sup>286</sup>

When possible, in the absence of persistent pain or haemodynamic deterioration, a waiting period of 3–7 days appears the best compromise.<sup>286</sup> Patients with multivessel disease, who are receiving primary PCI or secondary (post-fibrinolysis) PCI on the culprit artery, will need risk stratification and further, staged

<b>Primary PCI for myocardial reperfusion in STEMI: Procedural aspects (strategy and technique)</b>			
<b>Recommendations</b>	<b>Class<sup>a</sup></b>	<b>Level<sup>b</sup></b>	<b>Ref<sup>c</sup></b>
<b>Strategy</b>			
Primary PCI should be limited to the culprit vessel with the exception of cardiogenic shock and persistent ischaemia after PCI of the supposed culprit lesion.	<b>IIa</b>	<b>B</b>	234,264–266
Staged revascularization of non-culprit lesions should be considered in STEMI patients with multivessel disease in case of symptoms or ischaemia within days to weeks after primary PCI.	<b>IIa</b>	<b>B</b>	235
Immediate revascularization of significant non-culprit lesions during the same procedure as primary PCI of the culprit vessel may be considered in selected patients.	<b>IIb</b>	<b>B</b>	267
In patients with continuing ischaemia and in whom PCI of the infarct-related artery cannot be performed, CABG should be considered.	<b>IIa</b>	<b>C</b>	

<b>Technique</b>			
Stenting is recommended (over balloon angioplasty) for primary PCI.	<b>I</b>	<b>A</b>	241,242
New-generation DES are recommended over BMS in primary PCI.	<b>I</b>	<b>A</b>	128,247,248, 268,269
Radial access should be preferred over femoral access if performed by an experienced radial operator.	<b>IIa</b>	<b>A</b>	237,238,270
Thrombus aspiration may be considered in selected patients	<b>IIb</b>	<b>A</b>	250–256,259

# Unprotected Left Main Coronary Artery Intervention

for Acute Myocardial Infarction and Cardiogenic Shock

- Medical therapy alone often insufficiently alters the clinical course of patients who have experienced acute myocardial infarction and concomitant cardiogenic shock, and in whom the left main coronary artery is the culprit vessel. Emergency coronary artery bypass grafting is an effective yet time-consuming approach that entails the risk of extensive, irreversible myocardial damage. Percutaneous coronary intervention in the unprotected left main coronary artery can enable initial revascularization and rapid stabilization even in high-risk patients, but outcomes from the procedure since the recent advent of drug-eluting stents are still being determined.

Herein, we report the successful deployment of a sirolimus-eluting stent in a 65-year-old man who had experienced acute myocardial infarction and cardiogenic shock consequent to an occluded left main coronary artery. The patient recovered rapidly and completely. We review the medical literature and compare percutaneous coronary intervention with other methods of treatment. **(Tex Heart Inst J 2007;34:479-84)**



## Conclusion

As PCI evolves and as additional studies are conducted, more cardiologists are undertaking unprotected-LMCA PCI. Emergency PCI of a culprit LMCA lesion may prove valuable in the initial revascularization and rapid stabilization of the patient who experiences acute myocardial infarction and concomitant cardiogenic shock. In our patient, deployment of a sirolimus-eluting stent in the LMCA enabled prompt restoration of coronary blood flow before extensive myocardial necrosis occurred. The result was a substantial improvement in the patient's hemodynamic status.



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**STATE-OF-THE-ART PAPER**

## Unprotected Left Main Coronary Disease and ST-Segment Elevation Myocardial Infarction

### A Contemporary Review and Argument for Percutaneous Coronary Intervention

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 Gregg W. Stone, MD,‡ Imad Sheiban, MD,§ Giuseppe Biondi-Zoccai, MD,§  
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Acute occlusion involving the unprotected left main coronary artery (ULMCA) is a clinically catastrophic event, often leading to abrupt and severe circulatory failure, lethal arrhythmias, and sudden cardiac

cardiogenic shock, persistent ventricular arrhythmias, and significant comorbidities. The higher risk of target vessel revascularization associated with ULMCA PCI compared with CABG is an acceptable tradeoff given the primary need for rapid reperfusion to enhance survival. (J Am Coll Cardiol Intv 2010;3:791-5) © 2010 by the American College of Cardiology Foundation

vessel revascularization associated with ULMCA PCI compared with CABG is an acceptable tradeoff given the primary need for rapid reperfusion to enhance survival. (J Am Coll Cardiol Intv 2010;3:791-5) © 2010 by the American College of Cardiology Foundation



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 DOI: 10.1016/j.jcin.2011.02.014

## Percutaneous Coronary Intervention of Unprotected Left Main Coronary Artery Disease as Culprit Lesion in Patients With Acute Myocardial Infarction

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**Objectives** This study sought to evaluate short- and long-term outcomes of patients undergoing emergency percutaneous coronary intervention (PCI) for acute myocardial infarction due to a culprit lesion in the unprotected left main coronary artery.

**Conclusions** Patients with acute myocardial infarction and thrombosis of the unprotected left main coronary artery are a high-risk subgroup with a substantial mortality, particularly if they present in cardiogenic shock. We demonstrate that in these patients, PCI is a feasible treatment option associated with reasonably good outcomes. Long-term prognosis is excellent in hospital survivors with an 89.5% survival rate at 1 year. (J Am Coll Cardiol Interv 2011;4:618-26) © 2011 by the American College of Cardiology Foundation





ORIGINAL ARTICLE

Cardiology Journal  
2013, Vol. 20, No. 2, pp. 190–196  
DOI: 10.5603/CJ.2013.0033  
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## Acute myocardial infarction due to left main coronary artery disease: A large multicenter national registry

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Mariusz Gąsior<sup>2</sup>, Marek Gierlotka<sup>2</sup>, Marianna Janion<sup>1,3</sup>, Lech Poloński<sup>2</sup>

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<sup>3</sup>The Jan Kochanowski University, Kielce, Poland



**Methods:** A total of 643 consecutive patients (184 [28.6%] females and 459 [71.4%] males) with acute MI due to critical ULMCA stenosis were selected from the population of 121,526 patients hospitalized due to acute coronary syndromes between 2003 and 2006. The primary

**Conclusions:** No significant differences in clinical course, treatment and prognosis between men and women were noted. Mortality remained very high in both genders. The most unfavorable prognostic factors were cardiogenic shock, pulmonary edema, STEMI and advanced age. Percutaneous coronary angioplasty is feasible and offers high success rate in this subset of patients. (Cardiol J 2013; 20, 2: 190–196)

favorable prognostic factors were cardiogenic shock, pulmonary edema, STEMI and advanced age. Percutaneous coronary angioplasty is feasible and offers high success rate in this subset of patients. (Cardiol J 2013; 20, 2: 190–196)



**So CABG during acute MI is not an option if PCI is feasible  
I took the risk and proceed to do 1ry PCI and full revascularisation after high risk consent .**

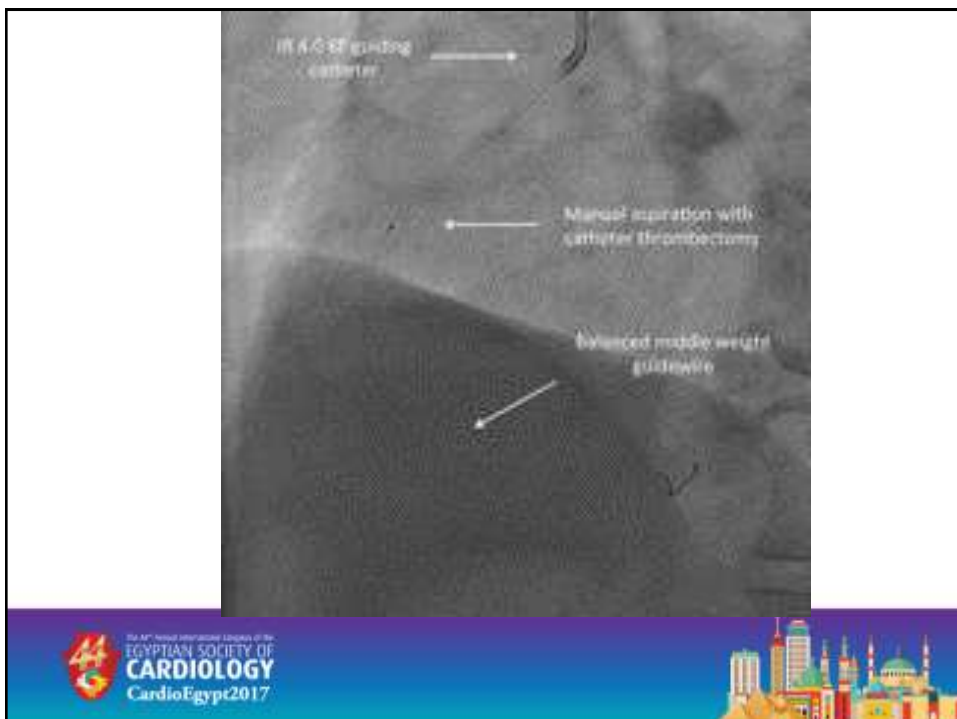


- A loading dose of **Ticagrelor** 180 mg was administrated.
- 10,000 IU of **Heparin**
- Judkin Right guiding catheter **JR4** f was used
- A Balanced Middle Weight (**BMW**) Guidewire was put in RCA

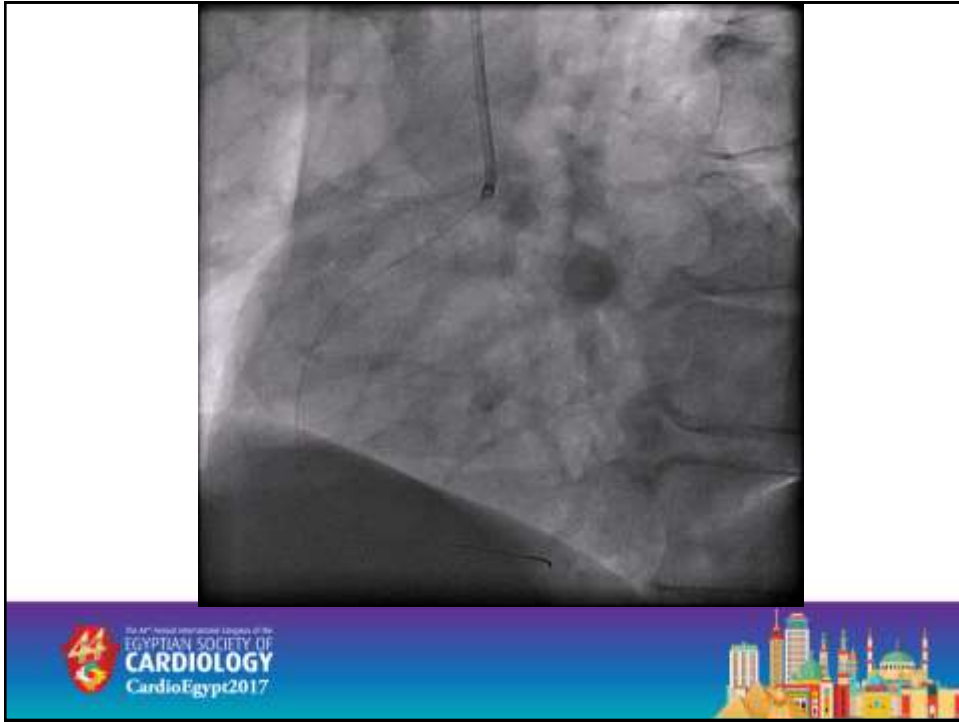


**And Manual Aspiration  
Thrombectomy device was  
performed allowing a TIMI III  
flow to RCA**

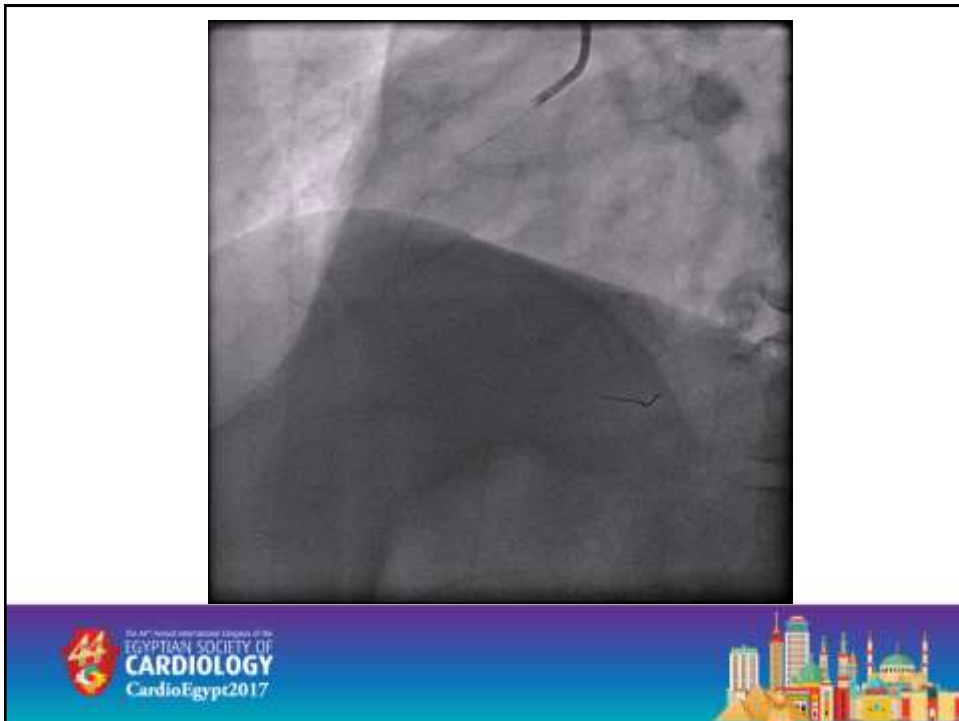
**then Chest pain gradually  
decreased .**







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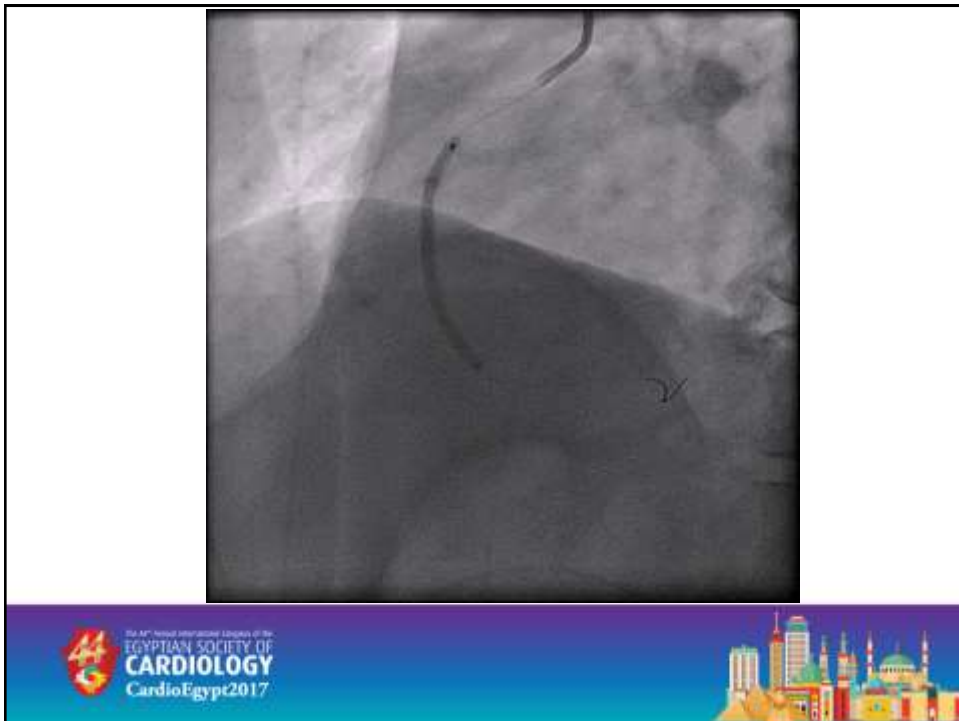
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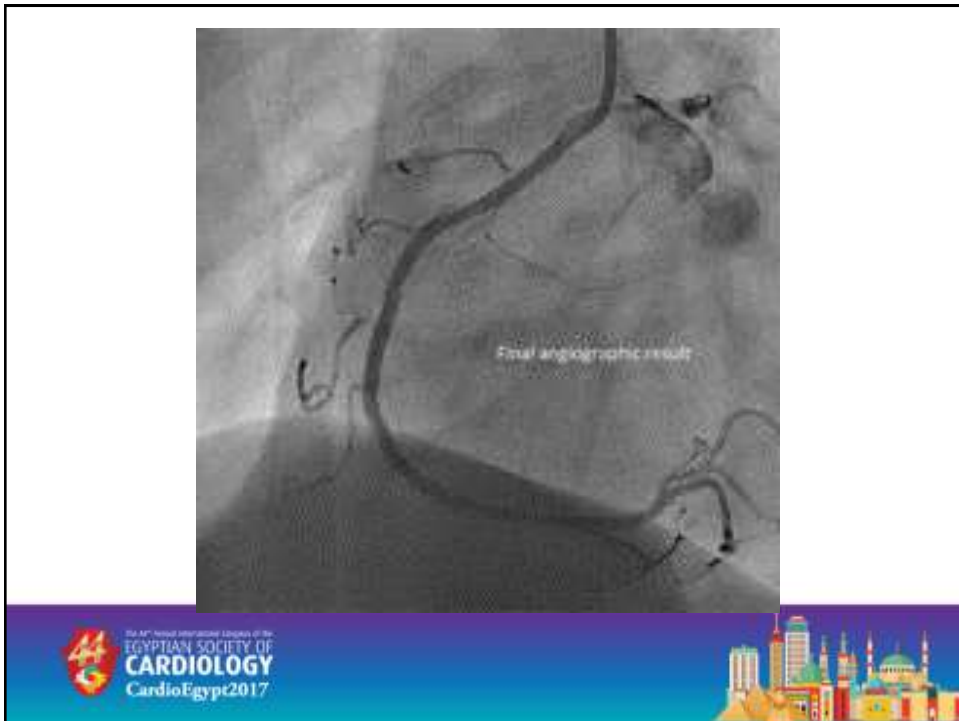
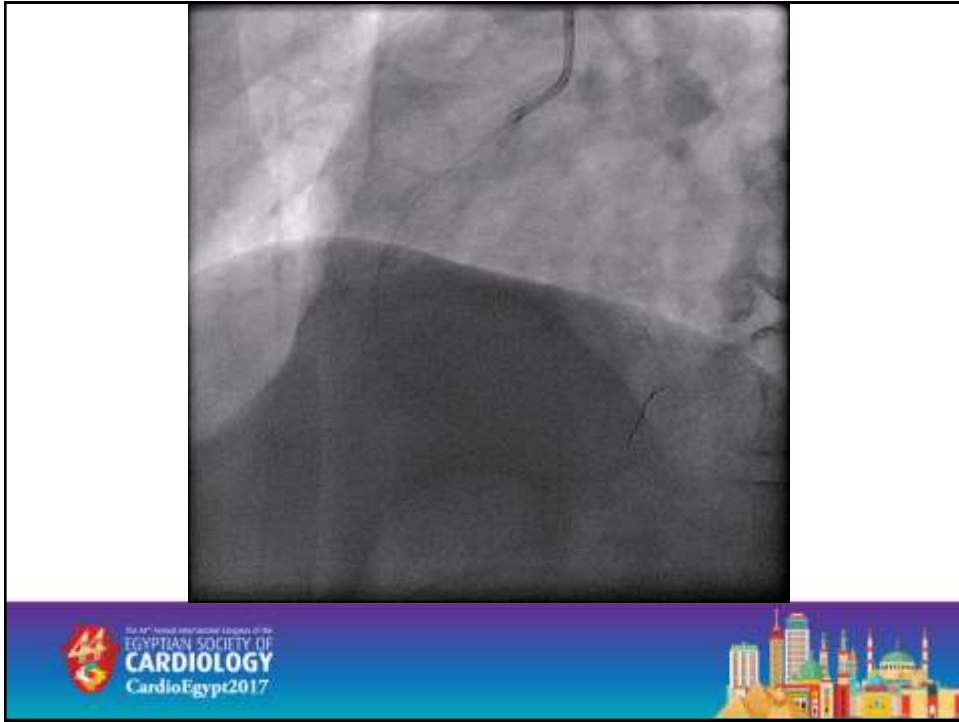




- The RCA was treated with pre-dilatation using a **semi compliant balloon** 2.0 x 12 mm
- Followed by stenting with a **Promus Element DES** 3.0 x 38 mm.
- The final angiographic result was very good .





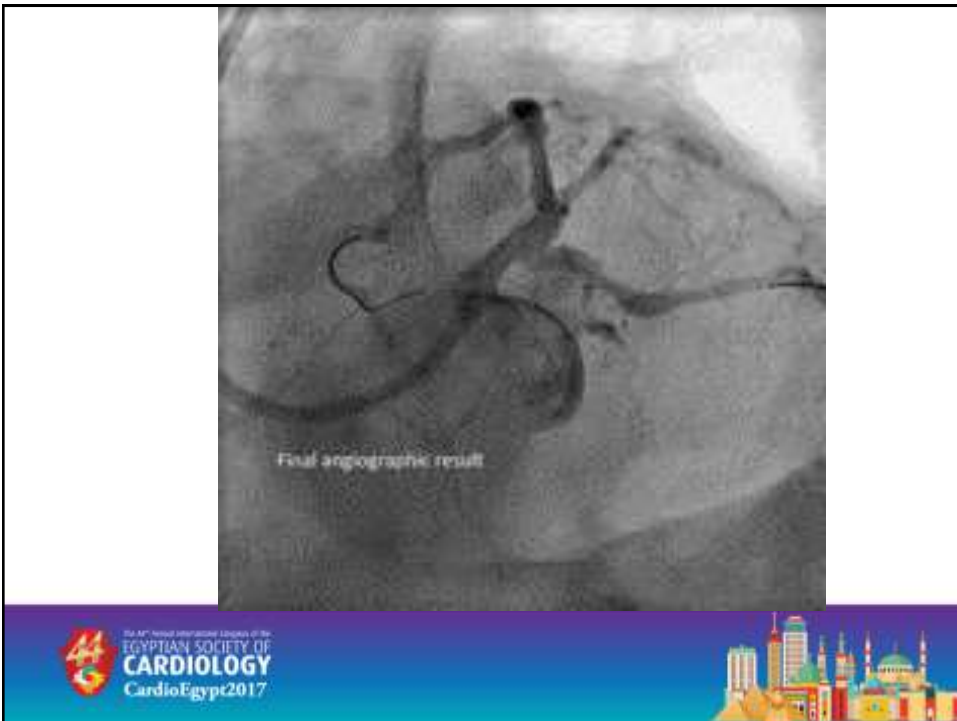
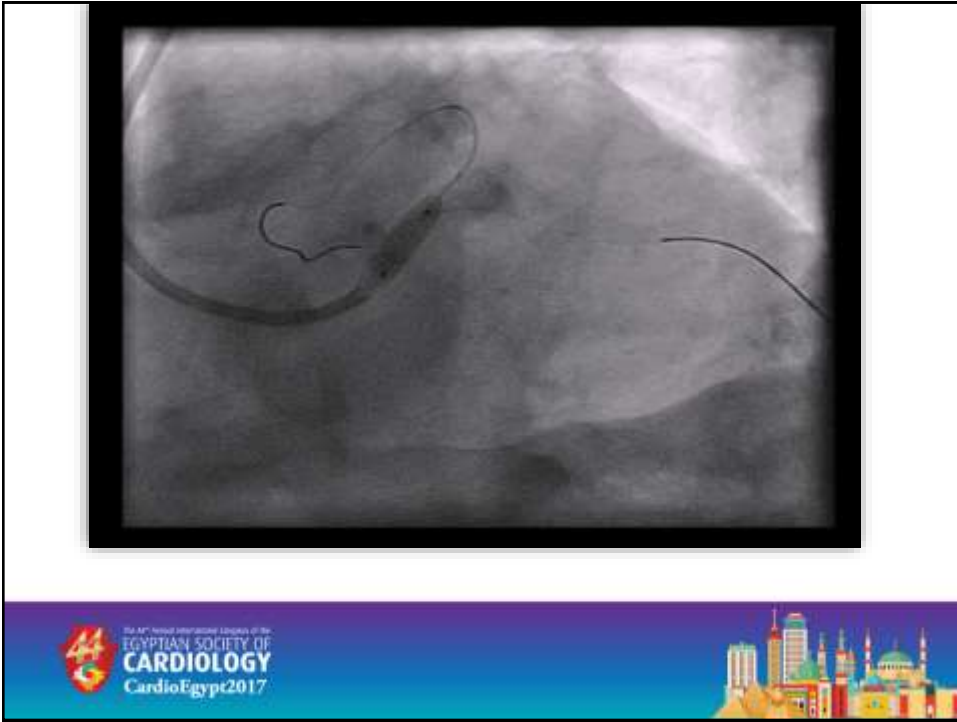


Before proceeding to left main revascularization  
Using **XB 3.5 f** Guiding catheter  
2 **Balanced Middle Weight (BMW)** guidewires were put in the left anterior descending(LAD) and circumflex coronary(LCX) arteries respectively.



- The lesion was predilated with a **semi compliant balloon 2.5 x 15mm.**
- Stenting using **Promus Element 3.5 x 16 mm.**
- Final flaring to ostial of Lt Main using **Non compliant ballon 4.0 x 12 mm**





**After stenting Lt Main  
The Haemodynamics of the patient  
began to improve  
Bp became 130/80 mmhg  
without chest pain  
The procedure was done using 300  
ml of contrast**



- The patient was discharged 3 days later with the following therapy:
- **Aspirin** 100 mg/day,
- **Ticagrelor** 90 mg twice /day ,
- **Atorvastatin** 40 mg/day,
- **Bisoprolol** 2.5 mg/day,
- **Ramipril** 2.5 mg/day and
- **Pantoprazol** 40 mg/day.



