

# Case presentation

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## History

- 3 years and 7 months male child presented with history of recurrent syncopal attacks mainly during sleep started at the age of 1.5 years.
- He was diagnosed to have epilepsy maintained on sodium valproate (depakin) and levetiracetam (teratam) without improvement.

### History. Continue..

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- Family history of similar attacks in his sister who died at the age of 4 years.
- Positive consanguinity with 3 times first trimester abortions

### General examination

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- Normal complexion (SPo2 97 %)
- Centiles are within normal
- HR 85 b/m
- RR 32 b/m
- Temp 37.2
- Blood pressure 90/60
- Bilateral LL pitting edema

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- **Cardiac examination:**

- Accentuated P2
- Pan-systolic murmur grade III over LLSB
- **Chest, abdominal and neurological examinations:**
- Normal

## Laboratory investigations

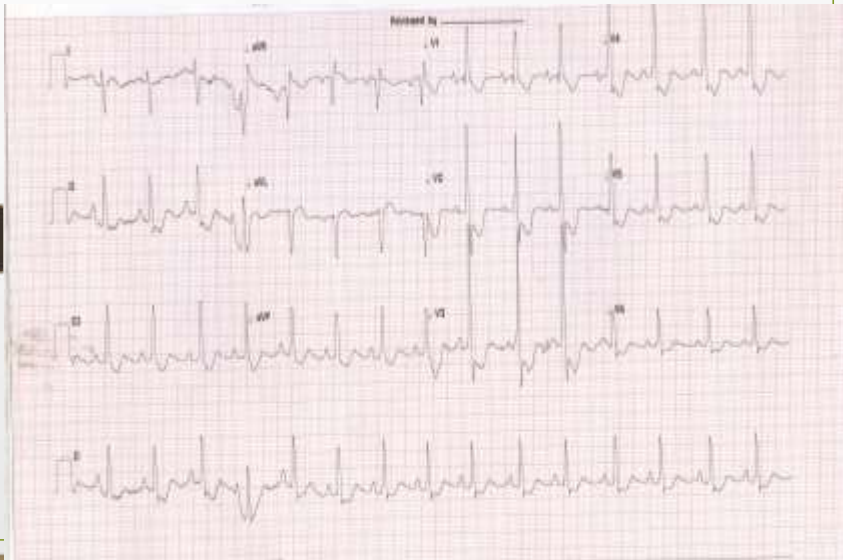
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- **ABG**
  - PH 7.39
  - PCO<sub>2</sub> 44
  - PO<sub>2</sub> 61
  - HCO<sub>3</sub> 26

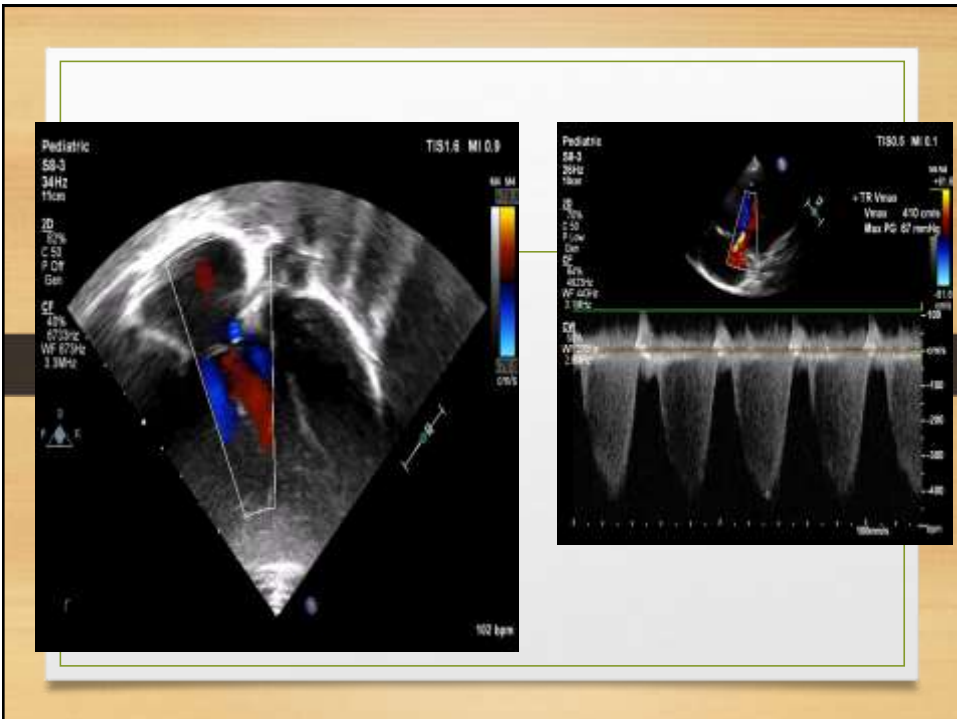
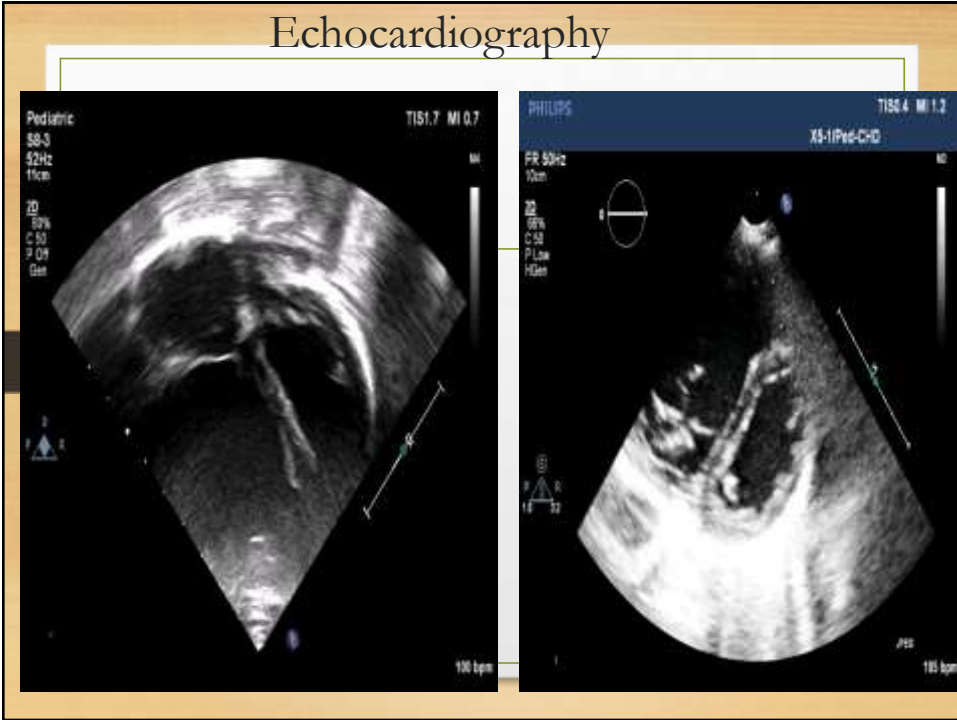
## Chest x ray

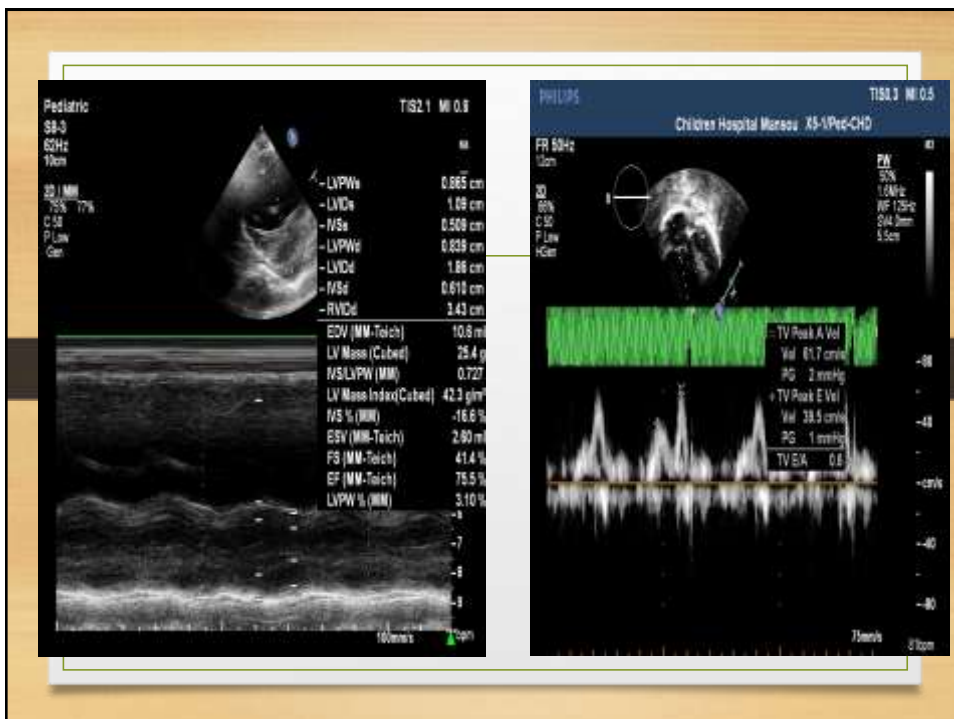
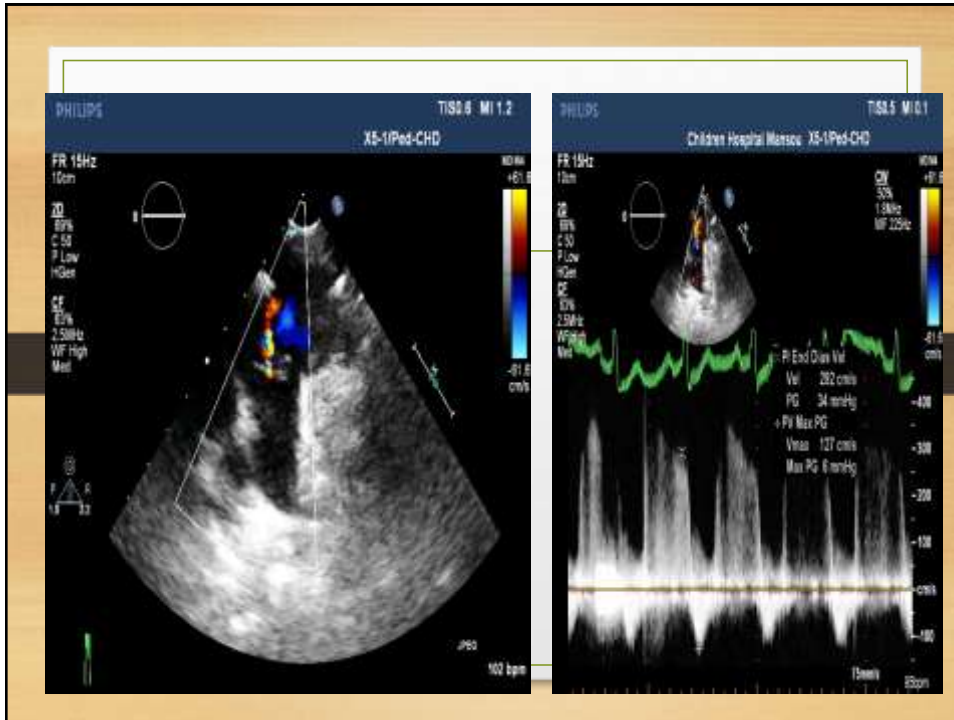


## ECG

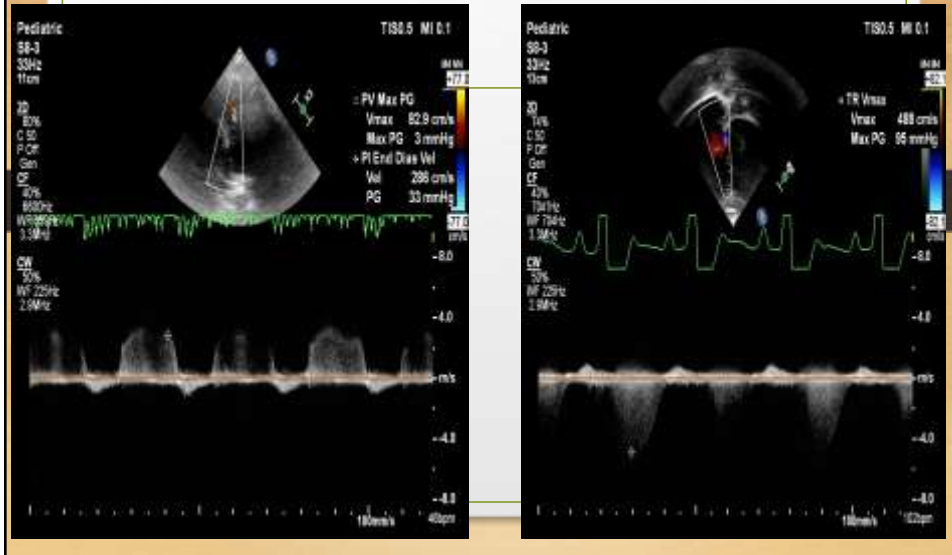


# Echocardiography



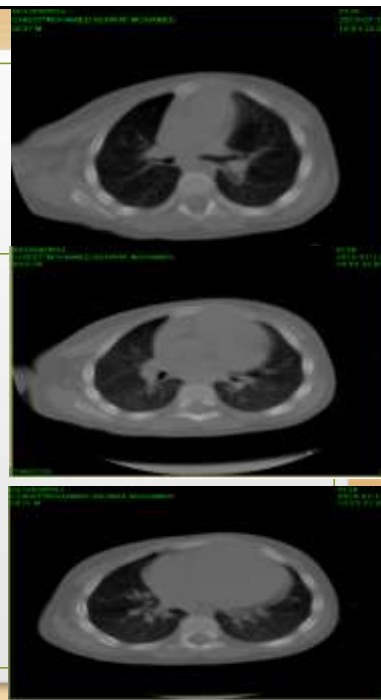


## Follow up echo



## CT chest

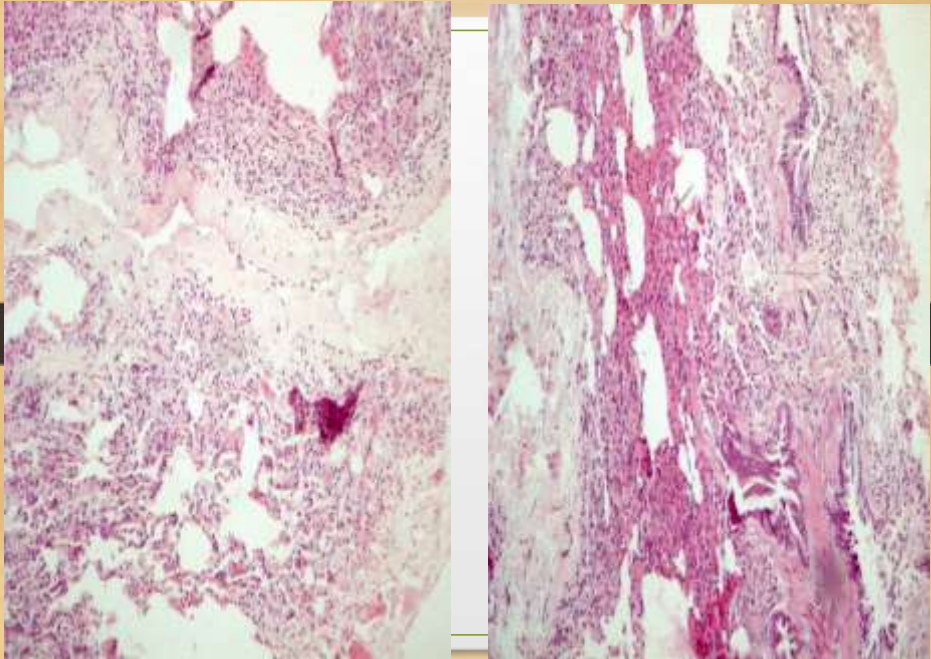
- Dilated main pulmonary artery
- Right ventricular dilatation and hypertrophy.
- Normal parenchyma on both lungs.



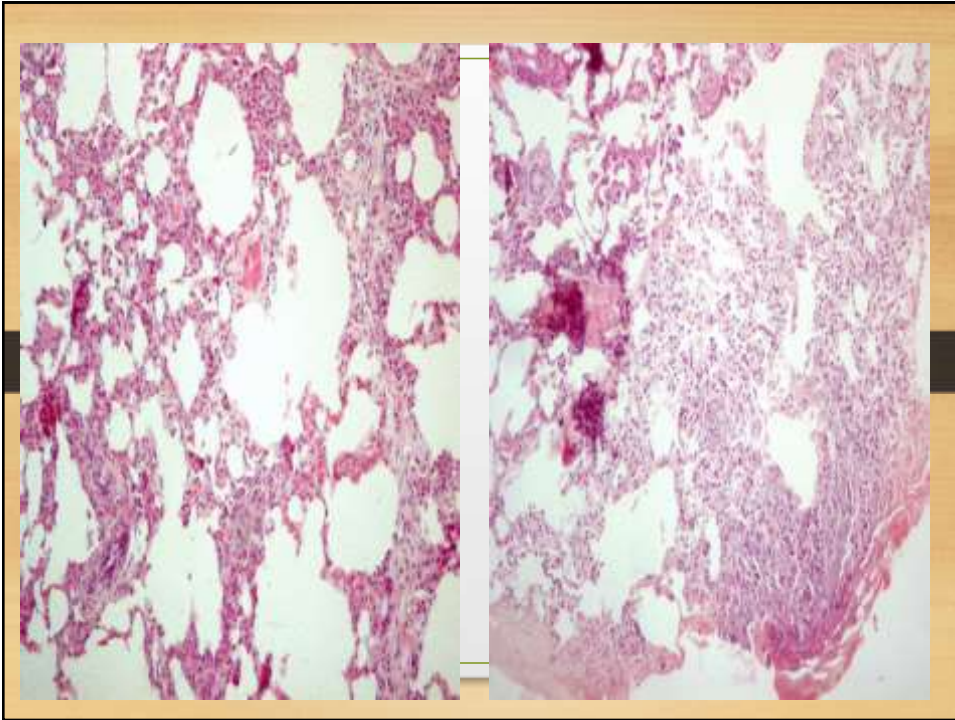
## His sister

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- She was diagnosed to have pulmonary hypertension
- Lung biopsy was done







His sister

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- Lung biopsy revealed possibility of veno-occlusive disease

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- This child was investigated for pulmonary hypertension at the age of 1 year based on the data of his sister and was normal

## Pulmonary veno-occlusive disease

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## PVOD

- Rare disorder contributing to severe pulmonary hypertension and right heart failure.

## Condensed clinical classification of PH (Simonneau et al. 2013)

### 1. Pulmonary arterial hypertension (PAH)

- 1.1 Idiopathic
- 1.2 Heritable
  - 1.2.1 BMPR2 mutation
  - 1.2.2 Other mutations
- 1.3 Drugs and toxins induced
- 1.4 Associated with:
  - 1.4.1 Connective tissue disease
  - 1.4.2 HIV infection
  - 1.4.3 Portal hypertension
  - 1.4.4 Congenital heart disease (Table 6)
  - 1.4.5 Schistosomiasis

### 1'. Pulmonary veno-occlusive disease and/or pulmonary capillary haemangiomatosis

### 1". Persistent pulmonary hypertension of the newborn

### 2. Pulmonary hypertension due to left heart disease

- 2.1 Left ventricular systolic dysfunction
- 2.2 Left ventricular diastolic dysfunction
- 2.3 Valvular disease
- 2.4 Congenital / acquired left heart inflow/outflow tract obstruction and congenital cardiomyopathies
- 2.5 Other

### 3. Pulmonary hypertension due to lung diseases and/or hypoxia

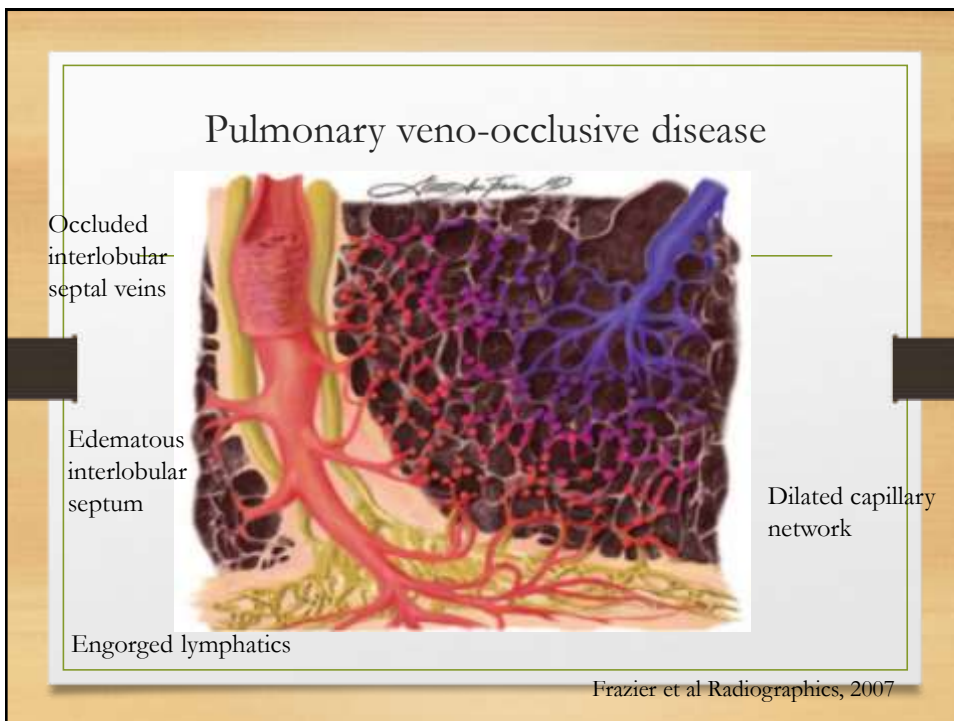
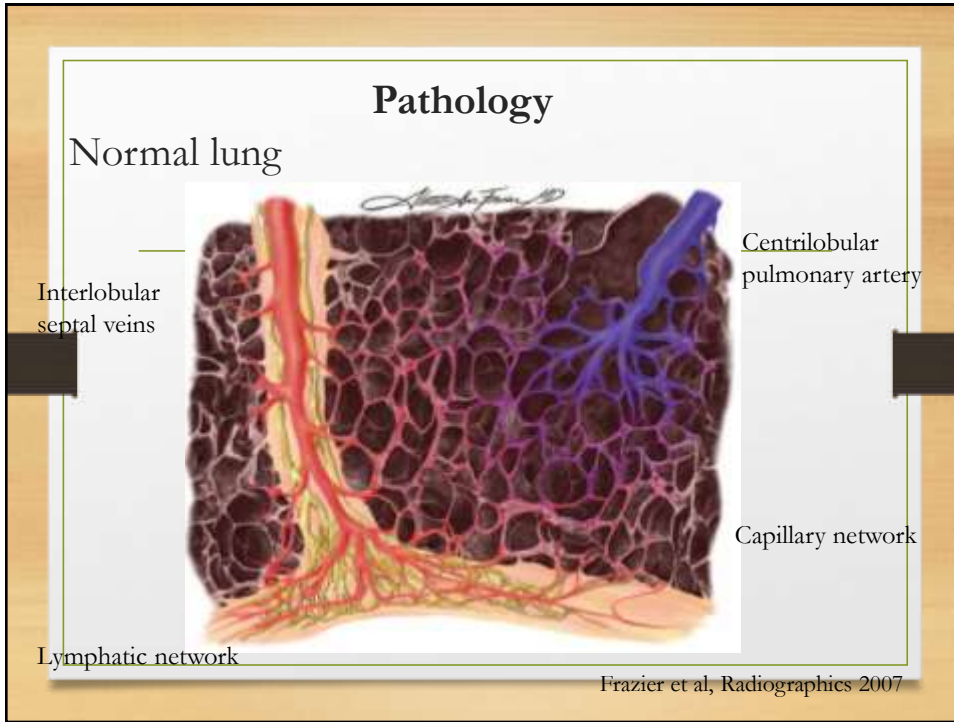
- 3.1 Chronic obstructive pulmonary disease
- 3.2 Interstitial lung disease
- 3.3 Other pulmonary diseases with mixed restrictive and obstructive pattern
- 3.4 Sleep-disordered breathing
- 3.5 Alveolar hypoventilation disorders
- 3.6 Chronic exposure to high altitude
- 3.7 Developmental lung diseases (Web Table III)

### 4. Chronic thromboembolic pulmonary hypertension and other pulmonary artery obstructions

- 4.1 Chronic thromboembolic pulmonary hypertension
- 4.2 Other pulmonary artery obstructions

### 5. Pulmonary hypertension with unclear and/or multifactorial mechanisms

- 5.1 Haematological disorders
- 5.2 Systemic disorders
- 5.3 Metabolic disorders
- 5.4 Others



## Nomenclature (PVOD) is it adequate?

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- **pulmonary vaso-occlusive disease**
- Involvement of arterial component of pulmonary circulation as well as veins

(Harsh et al , 2009)

## Epidemiology

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- 5 – 10% of idiopathic PAH
- Wide age range
  - – 30-50% < age 20 yrs
- In adults M/F ratio 2:1
- Median survival from diagnosis 2 years

(Humbert, 2006)

(Berger et al, Lancet 2012)

## Risk Factors

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- Genetics
- Autoimmune Disease
- Infection
- Toxins
- Tobacco Use

## Genetics

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- BMPR2 mutations reported in approximately 75% of familial cases of PVOD and in almost 20% of apparently sporadic cases of PVOD
  - autosomal-dominant trait with incomplete penetrance

(Rosenthal et al 1973, Voordes et al 1977)  
(Runo et al 2003)

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- presence of at least two affected siblings and unaffected parents.
  - EIF2AK4 mutation that affect BMP signaling is also a major new cause of heritable PVOD

Eyries M et al, 2014

## Autoimmune disease

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- • PVOD described in patients with associated PH
    - Scleroderma,
    - sarcoidosis,
    - SLE,
    - mixed connective tissue disease,
    - rheumatoid arthritis
  - – 75% biopsies with fibrous venous obstruction

(Johnson et al, 2006, Dorfmueller and colleagues (2007)

## Infection

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- Suspected infection
  - Toxoplasma
  - Measles
  - HIV

## Toxins

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- Chemical exposures
  - fenfluramine exposure
  - anorexigen exposure
- – Post Chemotherapy
- Bleomycin, mitomycin, cyclophosphomide



## PVOD is associated with Bone Marrow or Stem Cell Transplant

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- Underlying etiology not known
  - – Chemotherapy
  - – Whole body irradiation
  - – Underlying disease
  - – Graft vs. host
  - – Secondary to pulmonary toxicity

## Clinical Presentation

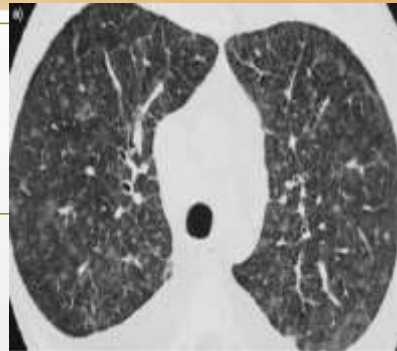
- • **Symptoms**
  - – Progressive dyspnea on exertion
  - – Cough
  - – Hemoptysis
- • **Examination**
  - – Cardiac auscultation shows a prominent P2 and a systolic murmur of TR
  - – Clubbing
  - – Signs of right heart failure occur in the late phase

## Diagnostic Workup

- Biopsy is most definite but carries risk in critically ill patients with severe RV dysfunction
- – CXR
- – HRCT of Chest
- – Pulmonary Function Tests
- – Arterial blood gas measurements
- – BAL

## CXR and HRCT

- – CXR
- – Cardiomegaly
- – Kerley B lines
- – Pleural Effusion
- – HRCT
- • Centrilobular ground glass opacities
- • Septal Lines
- • Mediastinal Lymph node abnormalities
- • Presence of 2 or 3 have sensitivity of 75% and specificity of 84.6% for detection of PVOD



(Montani et al, Medicine 2008)

## Pulmonary Function Testing

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- Normal mean values of FEV<sub>1</sub>, FEV<sub>1</sub>/forced vital capacity ratio and total lung volume.
- Low diffusing capacity of lung for carbon monoxide.

(Montani et al 2004)

## ABG

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- Exaggerated hypoxemia

## BAL

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- Bronchoscopy not routine procedure in PAH
- –elevated percentage of haemosiderin- laden macrophages

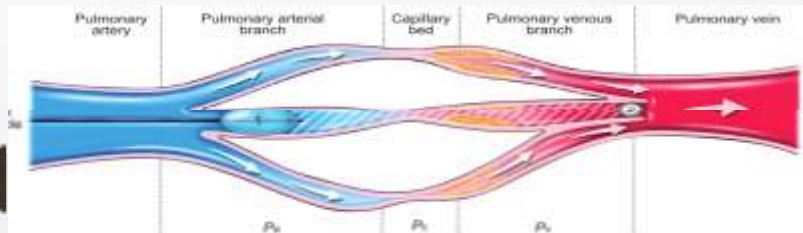
• Rabiller and colleagues (2006)

## Transthoracic echocardiography

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- Transthoracic echocardiography to assess the presence of elevated right-sided pressures and exclude underlying cardiac causes.

## Distinct hemodynamics in PVOD



- PAp severely elevated
- PCWP is normal or low

Montani, et al. Eur Resp J 2009;33:189

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- The triad of **severe PH** and **radiographic pulmonary edema** in the presence of a **normal pulmonary artery wedge pressure** is highly suggestive of PVOD

## Can we treat PVOD as other types of PH?

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### Pulmonary Vasodilator therapy

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- – Established role in PAH but doubt in PVOD
- •Dilation of pulmonary arterioles with fixed resistance of pulmonary veins leads to pulmonary edema
  - More with endothelin 1 receptor blocker
- However, clinical improvement or at least stabilization
  - intravenous prostacyclin,
  - oral sildenafil monotherapy.

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- Standard medical treatments
    - Diuretics, oxygen, anticoagulation
    - Digoxin
  - Immunosuppressive therapies
    - Glucocorticoids, cyclophosphamide and azathioprine

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- **Lung transplantation is the only curative therapy**

## Defibritle

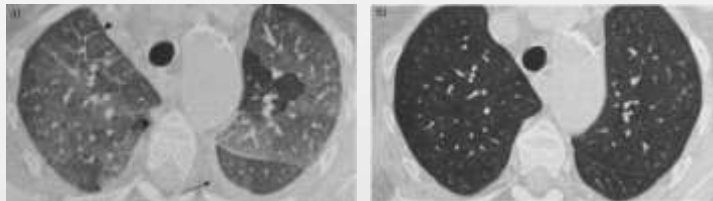
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- Single stranded DNA derivative with anticoagulant and anti-inflammatory properties
- Stem cell transplantation PVOD

## HRCT pre and post IV defibritle

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- Case report in treatment transplant associated PVOD



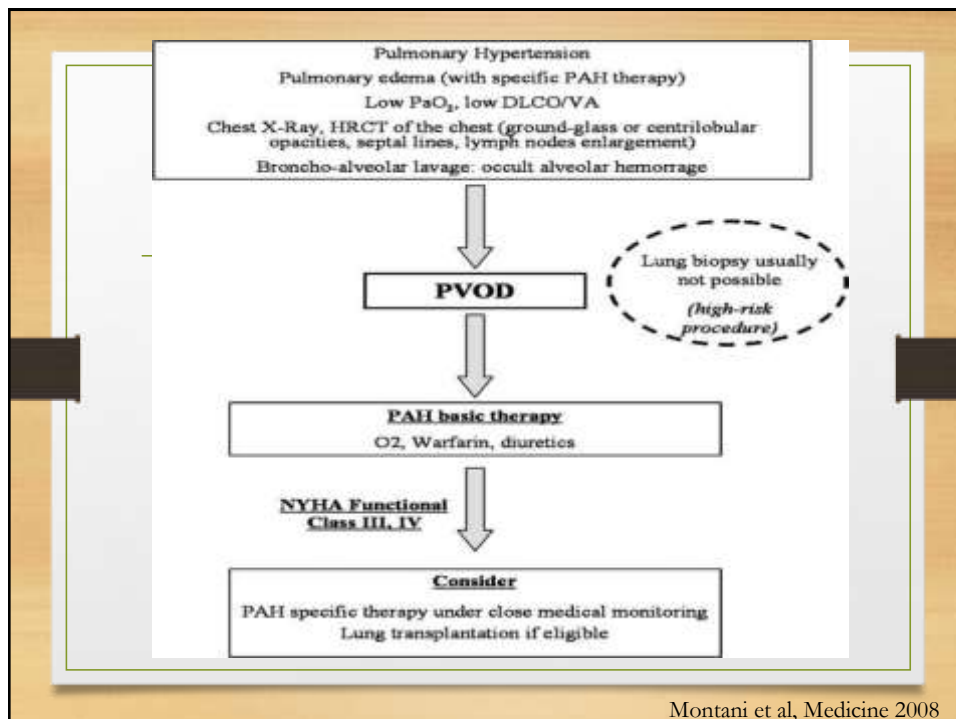
Williams et al, Eur Resp J, 2009



## Mechanical Support

- Lung assist with Novalung has been used as a bridge to transplant
- Type of ECMO
- 15 year old patient with PVOD underwent successful bilateral lung transplant after 30 days of Novalung support

(Taylor et al, Anesth Analg 2009)



Montani et al, Medicine 2008

## Conclusion

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- • PVOD - rare disorder that present with dramatic clinical signs
- • Risk factors may suggest underlying etiologies
- • Non-invasive tests useful in diagnosis
  - HRCT
  - PFTS
  - Decreased DLCO
  - Low PaO<sub>2</sub>

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- Hemodynamics characterized by elevated PAP, normal PCWP.
  - Lung Transplant definitive therapy
  - Standard therapies and cautious use of low dose vasodilators may help bridge to transplant

**THANK YOU**

